

The Fort Huachuca Scout®



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Photo by Maj. Matthew Garner

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Motorcycle safety training and operating requirements

SCOUT REPORTS

Army leaders must take immediate action in response to an escalating loss of Soldiers' lives to motorcycle accidents. Nine Soldiers have lost their lives in motorcycle accidents during the first 2 months of fiscal year 2005; 22 lives were lost in fiscal year 2004.

"Arizona is a great place to enjoy the outdoors on a motorcycle and by following safety guidelines and requirements, you can significantly reduce the risk of fatalities," said Selina Jeanise, public affairs officer, Raymond W. Bliss Army Health Center.

It is imperative that commanders thoroughly understand and continue to stringently enforce the long-standing motorcycle safety requirements. Soldiers' lives can be saved with use of the Army management information system-1 privately owned vehicle module, and accountability for undesirable behavior.

"Operators must receive training from the Motorcycle Safety Foundation or training based on an MSF, state approved class that must include hands-on, performance and knowledge-based training," Jeanise said.

Successful completion of prescribed motorcycle safety training is mandatory for all soldiers operating motorcycles on or off post, on or off duty, regardless of whether the motorcycle is registered on post. Soldiers must be in possession of an MSF card when they ride to verify completion of training.

Soldiers continue to falsely believe they are not required to wear a helmet or other personal protective equipment and clothing if the state in which they operate their bike does not require it. Furthermore, Soldiers are often observed wearing the

Operators must receive training from the Motorcycle Safety Foundation or training based on an MSF, state approved class that must include hands-on, performance and knowledge-based training.

Selina Jeanise
Public Affairs Officer, Raymond W. Bliss Army Health Center

required personal protective equipment and clothing while riding on post, and then removing it after they drive.

Regulatory requirements apply to all active duty Soldiers operating motorcycles on or off post, on or off duty, regardless of permanent or transitory status, and regardless of local or state laws. They also apply to all Army National Guard and Reserve component soldiers when in a duty status (individual developmental training, advanced individual training, annual training, and title 10 and title 32 status). Commanders must ensure this is clearly understood.

Required personal protective equipment and clothing are department of transportation certified helmet, impact or shatter resistant goggles or full face shield properly attached to the helmet, sturdy over-the-ankle footwear, long sleeved shirt or jacket, long trousers, full-fingered gloves or mittens designed for use on motorcycle, brightly colored outer upper garment during the day and a retro-reflective upper

garment during the night. Outer upper garments shall be clearly visible and not covered by backpacks or other obstructions. Soldiers who wear a reflective belt should wear it diagonally across the torso to ensure maximum visibility. Commanders should ensure personal protective equipment and clothing requirements are enforced at installation gate checkpoints.

Operators must ensure that their passengers also comply with personal protective equipment and clothing and visible garment requirements. Rear view mirrors must be mounted on handle bar or fairing, and headlight must be turned on.

Failure to wear the prescribed personal protective equipment and clothing or comply with licensing or the operator training requirement should be considered in making line of duty determinations.

Regulations require that commanders ensure Soldiers who operate a privately owned vehicle, including a motorcycle, in conjunction with leave or pass complete the asmis-1 privately owned vehicle module. This automated tool helps the Soldier plan trips prior to depar-

ture. It identifies potential hazards, proposes controls or alternate courses of action to mitigate the hazards, and establishes a level of risk for the planned event. Results of the assessment are forwarded to the supervisor for review to facilitate dialogue between the Soldier and first-line supervisor.

Commanders have a number of viable options at their disposal to correct undesirable behaviors when encountering poor or high risk drivers within their unit. These corrective measures include adverse administrative actions such as chapter discharge actions and line of duty-no determinations, article 15's, and courts-martial. Commanders need not wait for one of these Soldiers to kill themselves or someone else before taking action. Consider establishing a unit policy to make these safety requirements, directive in nature. When faced with a credible report of inappropriate driving, commanders must act immediately to hold Soldiers accountable for standards. Ignoring undesirable behavior condones it and establishes new, lower standards for the unit.



Photo by Beth Davie

By following the motorcycle safety guidelines, motorcyclists can ensure a safer drive.

The Fort Huachuca Scout

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Avoid the payday loan trap with help from ACS

BY ESAU LOLIS
SCOUT STAFF

It's two days before payday and you just blew a head gasket. How are you going to pay for it? There are several options available to just about everyone; a bank, loved ones or payday loans.

Believe it or not, some people opt for the payday loan even though it is the most expensive way to borrow money.

Payday loans, also known as deferred presentment, are short-term loans, usually seven to 14 days, against a post-dated check.

In Arizona, a loan against funds you haven't yet earned carries a 15 percent fee. On the average payday loan of \$300 for eight days, this 15 percent fee equates to an annual percentage rate of 459 percent.

Many people opt for payday loans because they are easy to get, and they don't know enough information to avoid the loan trap altogether.

"It's a very vicious cycle," Ellen Peterson, financial counseling coordinator, Army Community Services, said. She said the problem comes when you take out more than one payday loan. The

first loan goes into default and another loan is taken out to pay for the first loan.

Since payday loan debt is linked to your checking account, outstanding balances along with overdraft fees are taken out of your direct deposited pay check.

"In the state of Arizona, it is illegal to have more than one payday loan," Peterson said.

According to Peterson, businesses don't do the research to find out if someone currently has a loan.

A recent study by the Department of Defense found that 15,000 payday lenders in more than 13,000 ZIP codes in 20 states that have military installations revealed that payday lenders open their storefronts near the installations.

ACS tries to balance the ease of getting a payday loan with financial counseling.

ACS provides help for Soldiers and their families by contacting the payday loan organization and setting up re-payment plans to pay off the debt.

Often times, the bulk of the debt are fees, according to a payday loan customer who wanted to remain anonymous. "I've been short of money,

and they were the easiest solution," said the junior non-commissioned officer.

"What [payday loan companies] are doing is legal. I can't find that they are violating any usury laws," Azalee Henderson, ACS Consumer Affairs and Financial Assistance Program manager, said.

Henderson said some payday loan companies could be placed off limits to Soldiers. She said the businesses are monitored by the Armed Forces Disciplinary Control Board. If the board receives enough complaints, businesses may be placed off limits to Soldiers.

ACS focuses on planning a budget aimed at paying off the principal balances instead of paying fees such as the rollover fee loan companies charge for paper billing instead of charging your checking account electronically to avoid an overdraft. The rollover fee generally runs about \$60 per month.

"It is never too late to talk your chain of command," Henderson said. "These are also persons who can help."

Good financial planning is the key to avoiding the payday loan trap. For assistance and more information, call 533-2967.

Local community college and university support Soldiers

BY ROB MARTINEZ
SCOUT STAFF

Before advancing in battle, it's a good tactical move to know what's on the other side of the hill. This holds true for any endeavor, especially when working toward a degree.

So, you've decided to go to school. Whether you're starting or returning, going full or part time, the faculty and administration at the University of Arizona South can help reveal what's on

the other side of the hill.

"I have the connections," Vickie Rupel, the university's Senior Financial Aide Counselor and Veterans Services Advisor, said. Rupel has been certifying veterans' educational benefits for ten years, and has been working in financial aide for thirteen. Her office is in the administration building on the U of A South campus on Columbo Street.

"Student's walk in here, their part of my family... es-

pecially with my veterans," she said. "I'll take care of them, like brothers, sisters, grandchildren - no, not grandchildren. I'm not that old!"

The first step in taking care of students, Rupel explained, is helping them decide on a course of study. While still at the community college level, many students don't know what they want to do, she said, but "knowing what the end goal is going to be, they won't waste benefits changing their

minds."

First, she determines what kind of aide the student qualifies for, such as Tuition Assistance. The Army TA Program provides financial assistance for voluntary off-duty education programs. The program is open to all Soldiers on active duty, and Army National Guard and Army Reserve on active duty.

Another program is the Montgomery GI Bill. There are different chapters of the bill, and the benefits vary.

The GI Bill can be used in conjunction with TA, but soldiers should talk to a counselor to decide the best method to employ.

There are programs available for dependants as well.

Students can talk to a counselor at the nearest education center, Cochise College, or at the U of A, to declare an educational goal and create a plan. The uni-

See **EDUCATION**, Page A14

New Army game based on real Army life unveiled at Fort Benning

TRADOC NEWS SERVICE

Following the success of the computer game "America's Army," a new Xbox and PlayStation 2 console version called "America's Army, Rise of a Soldier" was unveiled Aug. 17 at Fort Benning.

Three years ago the Army released "America's Army," a free computer game originally created for recruiting purposes, which became an instant gaming success.

At last count, the Army estimates there are more than 5.5 million

registered players of "America's Army," making it the fifth or sixth most popular computer game played in the world.

More gamers play on a console such as Xbox and PS2 than on a computer, Col. Casey Wardynski, an internal consultant from the U.S. Military Academy, and Army project director for "America's Army, Rise of a Soldier," said.

The new game was designed in conjunction with Ubisoft, a leading international developer, publisher and distributor of interactive entertain-

ment products.

"The PC version and the new version are different, but we took a lot of the experience and the look of the game from the PC game," Tony Van, executive producer for Ubisoft, said. "There are some things completely unique about 'America's Army, Rise of a Soldier,' but anyone who played the (computer) game will notice some things we kept from the original."

Van said it took about one year to develop the new console-only version of the Army game.

"We did a number of motion-captures with different special forces Soldiers and filmed different locations around the world to make it as authentic as possible," he said.

"We've had a number of Army personnel come through during its development," Van said, "and everyone's remarked how realistic it is, how authentic it is and how all the details are exactly right."

According to Van, the new console game has a number of extra

See **GAME**, Page A14

Chapel food locker needs help

BY THOM WILLIAMS
SCOUT STAFF

Whether it's a no pay due on a leave and earnings statement or a water pump that goes out on the family car, financial disaster can strike anyone at anytime. A food locker organized and maintain by Fort Huachuca's Main Post Chapel provides soldiers and civilians with groceries when hard times hit.

The food locker recently had its inventory depleted because of heavy demand and is appealing for help from the post community. The emergency assistance program is in

particular need of one-pound packages of ground beef, chicken parts and canned meats.

"The units on post are really good about bringing me what I need, but I can always use canned meats like spam, tuna or salmon because we always have a shortage of those items," Josephine Moore, outreach ministries director, said.

Recently, Soldiers from the 2-84th Military Intelligence Battalion heard the chapels call for assistance and donated \$200 in food stuffs to help to replenish the food locker. This is the second time the MI unit stepped up to the plate; back in

January, the unit passed the hat and donated a little over \$300 in goods.

"We are a Reserve unit and we are used to helping out where we can, it's just Soldiers helping Soldiers," Sgt. Maj. Bob Pinter said.

The 2-84th MI Bn. is a mobilized Reserve unit out of Fort McCoy, Wisc. that has been stationed at Fort Huachuca since January 2004 and is augmented by Soldiers from the California National Guard. The unit is made up of troops from around the U.S. and is attached to the 111th Military Intelligence Brigade.

The entire post community is eli-

gible to request assistance from the food locker, with servicemembers receiving priority attention. If people in the community need assistance, they should contact a chaplain. The appeal is then forwarded to the main post chapel where the request is reviewed.

"Often times, we have single parents and they get an emergency and their priorities change and they no longer have the food and that is where we step in," Moore added.

The food is kept at a Quonset hut near Libby Army Airfield and at the main chapel. Moore can be reached at 533-4748.

DoD seeks civilian employee volunteers for Katrina relief

AMERICAN FORCES
PRESS SERVICE

In light of the ongoing need for volunteers to support hurricane relief efforts in the Gulf, the Defense Department is encouraging its federal civilian employees to consider participating.

In a Sept. 8 memo to department leaders, David S. C. Chu, undersecretary of defense for personnel and readiness, urged DoD em-

ployees to offer their services, as long as it doesn't impact on their immediate defense mission.

In a related move, Chu announced DoD's participation in an emergency leave transfer program to help employees affected by Hurricane Katrina. That measure, authorized throughout the federal government by President Bush, will allow DoD civilian employees to donate unused annual leave to other

federal civilian employees who need more time off from work due to the hurricane.

DoD components are establishing programs and are expected to begin seeking leave donors as well as requests for help soon.

In his memo regarding the volunteer program, Chu noted that the Department of Homeland Security anticipates the need for 2,000 volunteers to help with the federal government's response

and recovery efforts under way. As a result, he said, the Federal Emergency Management Agency is offering federal civilian employees the opportunity to volunteer for 14- to 30-day deployments to affected areas to help support DoD efforts.

Volunteers will remain on the DoD payrolls and be will be in a temporary-duty status while performing their volunteer service, Chu said.

Mark Smith from the De-

fense Civilian Personnel Management Service said he expects the program to become an ongoing effort between DoD and FEMA, with ongoing volunteer rotations for the foreseeable future.

While encouraging employees to volunteer, Chu emphasized that they must receive their supervisor's approval before volunteering,

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Mentorship program helps maintain continuity of senior workforce

BY MICHAEL NORRIS
PENTAGRAM ASSISTANT EDITOR

The U.S. Army Installation Management Agency is a major player in facilitating transformation in the Army, making the service leaner, more efficient and modern in delivering installation support services. So it makes sense the agency is preparing for the inevitable human transformation of upper management turnover through its own mentorship program.

Known as the Headquarters Installation Management Agency Centralized Mentoring Program, the initiative kicked off in July with a program solicitation memorandum. IMA director Maj. Gen. Ronald Johnson circulated a memorandum soliciting volunteers and outlining the program's reach. The goal, he stated, was to "help develop well-rounded managers at the mid- or senior-level by helping high-potential employees assume higher levels of responsibility."

The program is to be centrally funded by IMA

headquarters and will match senior IMA leaders with eligible mentees, at the GS-11 and above, for one year.

Randy Robinson, director of the Northwest Region Office of the Installation Management Agency and the program's champion, said 101 people applied for the pilot program — 70 potential mentees and 31 mentors — and that applications were being reviewed to select the best candidates for about 10 available mentor-mentee matches.

The program will be customized to the employee's career goals and needs, Robinson said. He said the program had flexibility built into it and that there would be "quarterly reviews between mentor and mentee" during the course of the program.

A fact sheet accompanying Johnson's July memorandum states that "Headquarters IMA will match employees with mentors, based on mentee's goals and desires, to a mentor with appropriate skills and competencies." It goes on to say that those not selected for the Central-

ized Mentoring Program this go round will be provided information on other mentorship opportunities within the organization.

Robinson said the program would include a period where mentees would shadow mentors in their jobs. He said mentors would also sit down with mentees to help determine a mentee's goals, helping them determine what courses they need to take and what jobs they need to attain to achieve their career objective.

The program is scheduled to kick off with an orientation for mentees at IMA headquarters in Washington in October.

"At the end of the year we'll have an assessment and determine the lessons learned," Robinson said.

He said one goal of the program is to maintain executive leadership in the agency as the current generation of leaders gets ready to retire.

"We're ready to help groom people to reach their highest level of potential and better posture them for positions of increased responsibility," he said.

Post fire prevention begins with prescribed burns



Photo by Esau Lolis

Fort Huachuca firefighter Chris Gray walks away from a prescribed burn after successfully igniting it.

BY ESAU LOLIS
SCOUT STAFF

The Fort Huachuca Fire Department is conducting brush pile burns for the next few weeks to create a buffer zone between the Wildland-Urban Interface

and local communities to prevent loss in the event of a catastrophic forest fire.

The WUI is where houses meet or intermingle with wildland vegetation. The WUI is where wildfire poses a great risk to human lives and structures.

A zone around housing areas is cleared of "ladder fuels," according to Installation Forester Frank Hammond.

Ladder fuels are the lower twigs and branches of trees that catch ablaze easily and cause fires to reach the crown or top of the trees.

"By eliminating the ladder fuel, you hope to prevent a crown fire and at the same time create a break around residential areas," Hammond said. Ideally, prescribed burns are conducted every few years, "to keep the ladder fuel down," he added.

Once a year, as budget allows, the Environmental and Natural Resources Division, in coordination with other governmental and environmental agencies, identify key areas on Fort Huachuca that need to undergo mechanical thinning and/or prescribed burns to reduce vegetative build-up of fuel, usually at

the end of the monsoon and green-up season because moisture makes the fires easy to control. Each year 5,000 to 10,000 acres are pruned.

The idea is to prevent fires like the Ryan Fire of 2002 that burned over 25,000 acres. "We now have a chance to slow or

stop wildfire with natural breaks, but we are a long way from being complete," Hammond said.

Currently, a buffer zone around the Bonnie Blank housing area is being created. Next year's focus will be the WUI on the outskirts of post.

Catalytic converters get hot, can cause fires

BY ROB MARTINEZ
SCOUT STAFF

Many 1975 and later model year automobiles are equipped with catalytic converters which reduce the emissions of air pollutants. The U.S. Environmental Protection

Agency reports fire hazards from catalytic converters reaching overly high temperatures.

Lt. Dave Rhodes, from the Fort Huachuca Fire Department, said the converters get extremely

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B Troop honors fallen Soldiers at Fort Bowie

BY CHRISTOPHER ZIMMERMAN
B TROOP PROGRAM COORDINATOR

The cemetery at Fort Bowie is a lonely place. Surrounded by a brown picket fence, it rests in a small valley in the Chiricahua Mountains not far from Apache Pass. It looks odd there by itself. It is a neatly attended, tiny little square of land in an otherwise wild corner of the earth. The stark white grave markers are arranged in neat, orderly rows as if they are the ghosts of the men buried there standing forever at attention. Few visit the place or even know of its existence, for the fort that guarded this place was abandoned over a hundred years ago.

On Sept. 10, B Troop, 4th U.S. Cavalry (Memorial) rode down into the valley to pay their respects to the Soldiers buried at Fort Bowie. They do this every year on the weekend closest to the date of Sept. 8 to commemorate the final surrender of Geronimo in 1886, which marked the end of the Indian



B Troop courtesy photo

B Troop members Juan Villarreal, Phil Fonseca, Scott Hector, and Pete Criscuolo fire a salute to soldiers buried at Fort Bowie.

Wars in North America. The event is not well attended. Usually, only the members of B Troop, the park rangers, and the occasional stray tourist witness the ceremony. The annual ride to the

cemetery is their way of honoring the men who fell there...men who would otherwise be forgotten.

After forming up at the bottom of the valley, five of the troopers dismounted,

handed their reins to those still mounted, drew their carbines and marched to the entrance of the cemetery. Troop Capt. Jay D. Hizer made his remarks and then read the names of the Soldiers buried there. It is the only time the names are ever spoken out loud together.

“...Pvt. Frederick Austin, 5th U.S. Cavalry...”

“...Maj. Eugene W. Crittenden, 5th U.S. Cavalry...”

“...Sgt. Robert Evans, 10th U.S. Cavalry...”

“...Pvt. Phillip O’Neill, 4th U.S. Cavalry...”

“...Sgt. William H. Smith, 1st U.S. Cavalry, and Congressional Medal of Honor winner...”

“...1st Lt. Juan C. Tapia, 1st New Mexico Infantry...”

Sixty one names were read in all. Then, as now, the soldier’s names reflect their diverse backgrounds-Germans, Englishmen, Irishmen, African-Ameri-

See **B TROOP**, Page A8

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Water pumped in August lowest in 23-year period

SCOUT REPORTS

The water pumpage for August is 37,317,000 gallons or 114 acre-feet and is equivalent to 1.2 million gallons per day. The August pumpage is 11 percent less than that pumped in August 2004 (128 acre-feet) and is 45.2 percent less than the 23-year (1982-2004) August average (208

acre-feet). Additionally, this August's pumpage is the lowest August pumpage for the 23-year period.

Total water pumped year to date (January-August: 987 acre-feet) is 4.1 percent less than that pumped year-to-date in 2004 (1,029 acre-feet).

August 2005 water usage at U.S. Forest Service Air Tanker Station on Libby Army Airfield

is one gallon. Year-to-date use is 679,342 gallons, or 2.08 acre-feet.

Treated effluent reuse for August 2005 was 11 acre-feet. Year-to-date treated effluent reuse is 210 acre-feet. This is water that did not have to be pumped from the groundwater aquifer (a water and energy savings) to irrigate the Mountain View Golf Course, Prosser Village and Chaffee Parade Field.

B TROOP, from Page A6

cans, and Hispanics. They were segregated in life by their ethnic backgrounds and rank but were united in death by a single piece of ground, guarded by a frail wooden fence. The harsh western frontier did not discriminate in the filling of graves.

When the list of names had been completed, the five dismounted troopers fired three volleys into the

air. The loud report of the Springfield carbines bounced off the mountains and reverberated up the valley to the fort ruins. The valley had in the past frequently swallowed up the echoes of these particular weapons but now, in the small grassy bowl that holds its history so silently, the sound is as alien as the visual image of the little cemetery remaining there.

Once the echoes faded, the troopers remounted and rode on, quietly filing out of the valley that witnessed so much of their history and heritage. The names of the Soldiers buried at Fort Bowie are mostly forgotten. Only the park rangers remembered who they were and only B Troop comes to honor them.

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Local Cochise County residents do their part for Katrina victims



BY ROB MARTINEZ
SCOUT STAFF

Residents donated truckloads of food, supplies, clothing and cash, Friday and Saturday in an effort to help Katrina victims throughout the Gulf Coast.

The drive was located at the Discount Tire parking lot on Fry Boulevard. Over 20 volunteers came out to help receive and box donations and they held a car wash benefiting the hurricane evacuees. Donations went to the World Care organization and the Red Cross.

"It was a pretty major drive," Lorane Chaveira, an organizational coach for the Department of Interior on Fort Huachuca, explained. Chaveira partnered with Discount Tire manager Joe Molera, who had already made plans to use the parking lot for a drop-off point, and for transporting the goods to the World Care organization in Tucson.

Initially, Chaveira was just going to buy a few things and donate them

herself. "I felt helpless, and thought about what I could do," she said. She then contacted the DOI office on post and asked the coordinator, Pat Woznick, if individuals in her office would like to support the effort by donating mostly toiletries and items for babies. "It was a really good effort by the people of that office. They were really generous," Chaveira said.

Lydia Molera, coordinator of the drive, said that the DOI's contribution was a significant share of the donations. "From schools to businesses ... we've had a lot of community support, thousands of dollars," she said.

The Fry Fire Department sent volunteers. They held up signs alongside Fry, and also allowed children to ride in a fire truck around the parking lot for donations.

Coca Cola, Subway and Pizza Hut helped by donating food for the volunteers. Horizon Movers lent a truck and will also transfer the donations to the



Photos by Rob Martinez

Above: A volunteer from the Fry Fire Dept. receives a cash donation.
Left: Lee Tanner, retired from Army aviation, donates money to have his motorcycle washed.
Below: Volunteers hold up signs to inform drivers of the relief effort.

World Care organization in Tucson, where the items will be sent by plane and truck to Katrina victims still around Louisiana, and other affected cities, Lydia Molera said. "It's officially getting dispersed to them right there, so it's a good thing," she said.

All of the supplies, and some of the money, went to World Care, and most of the money went to the Red Cross.

Rachella Westbrook, a retired army counterintelligence agent, had bought supplies for hurricane victims, but didn't know where the Red Cross drop-off was. "We were just driving around," she explained. "I saw them, and said, 'thank you God.'"

"My friends have helped me out. I want to keep that chain going."

Lee Tanner, who had recently retired from Army Aviation, and now works in the Unmanned Aerial Vehicle training facility on post, had his motorcycle washed, for a donation.

"I think everybody is trying to do their part... it's good that everybody's getting into the act," he said.

Here's some information if you want to help Katrina victims:

www.dailystar.com/dailystar/allheadlines/92296.php.

Sierra Vista chapter of the American Red Cross, 1939 Frontage Rd, Sierra Vista, AZ 85635, (520) 458-4858.



Health Center provides free car seats to save lives

BY THOM WILLIAMS

SCOUT STAFF

The Raymond W. Bliss Army Health Center's Health Education Resource Center has launched a program called the Child Restraint and Safety Help program to educate and assist drivers in keeping children safe in cars.

The resource center has free car seats to give to Fort Huachuca families and will check existing restraints to ensure they are properly installed.

The child restraints and instruction are free for the asking, but require an appointment that typically lasts about 30 minutes. Resource Center personnel go over information like how to best position, install and then move the equipment to a different vehicle.

Resource Center staff members ask that when a driver attends an appointment that they bring along the child, the vehicle the child primarily rides in, and the equipment used to restrain the child.

During the training session, center staff members place the child in the safety equipment to demonstrate how the harness system fits around young passengers.

The type of equipment used to restrain a child is determined by height and weight. The center also promotes the idea of having children ride in rear-facing car seats as long as possible because of the safety benefits the position affords in a crash.

The center maintains a listing of equipment that other local agencies have on-hand and will refer customers if a requested piece of equipment is out of stock at the Fort Huachuca center.

Jeanne Warren, co-founder of the program, said that so far this year, the program has placed around 80 seats in cars belonging to Fort Huachuca residents.

"We have had a good response from the community and the point is to get the equipment out there, so that is great," Warren said.

According to a recent state study, vehicle crashes pose the greatest hazard to Arizona's children and cause the most preventable deaths.

The results of the study published in the Arizona Child Fatality Reviews' 11th annual report, found that 74 children died in the state as a result of being in a vehicle crash. Only 22 percent of these children were in restraints, such as seat belts or car seats. The safety program also gives away bicycle and skate helmets and hosts events like the Child Health Fair that was held Aug. 27.

Along with supporting Fort Huachuca, the Resource Center staff travels beyond the gate to events sponsored by local firefighters and charities in Cochise County.

To schedule an appointment for training or to request equipment, call the Health Education Resource Center at 533-5668/3536.



Photo by Thom Williams

Tiffany Duncan places her daughter Zoe into a car seat during a recent shopping trip at the Fort Huachuca Post Exchange. The Health Education Resource Center at Raymond W. Bliss Health Center has free car seats to give to Fort Huachuca families.

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Range Closures

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Saturday – AA, AF, AH, AK, AL, AM, AP, AU, AY, T1, T1A, T2
Sunday – AA, AF, AG, AH, AK, AL, AP, AU
Monday – AA, AF, AG, AH, AK, AL, AQ, AU, T1, T1A, T2
Tuesday – AA, AF, AG, AH, AK, AL, AQ, AU, T1, T1A, T2
Wednesday – AA, AF, AG, AH, AK, AL, AQ, AU
For more information on range closures, contact Range Control at 533-7095. Closures are subject to change.

Office closure

The Adjutant General Department, including the ID Card Section, will be closed from 11 : 30 a.m. to 4: 30 p.m. on Friday . All Soldiers out-processing/requiring final-outs need to report prior to 11:30. For emergencies, please call 533-2291.

Community Spouses’ Club

Whether you’re new to southern Arizona or have been here for a while, the Fort Huachuca Community Spouses’ Club has a great deal to offer. The new club year has begun and the September Luncheon is just around the corner. Join the Fort Huachuca Community Spouses’ Club on Sept. 21 for the September Luncheon at the Thunder Mountain Activity Centre, located on Irwin

Road. Social hour begins at 10:30 and lunch is served at 11:30, with a cost of \$10.00. This month’s theme is “Finding Fashion in the High Desert,” and there will be a fashion show sponsored by Dillard’s.

Additionally, the We Care project for September is school supplies for the post schools. Please bring any donations to the luncheon.

For reservations, please contact Victoria Glynn at 458-2475 or via email at mnvglynn@aol.com. The deadline for reservations is at noon on Sept. 16. Come and get involved, meet new people, join the club and find your niche.

Embry-Riddle Aeronautical University

A representative from Embry-Riddle Aeronautical University Tucson Center will be at the Education Center, Bldg 52104 from 9 a.m. to 3 p.m. on Sept. 21 to talk to interested students in their fall classes. Embry-Riddle Aeronautical University has started the Bachelor of Science in Professional Aeronautics and the Master of Aeronautical Science programs in Sierra Vista. The fall classes begin on Oct. 17th and ends on Dec. 11th. The classes offered are: Marketing on Monday’s from 5pm-10pm, Aviation Legislation on Tuesday’s from 9:30am-2: 30pm and for the students seeking a Master’s Degree Air Transportation Systems on Wednesday’s from 5pm-10pm. The classes are taught at the U of A South Campus. For more information call 520-747-5540, DSN:

228-7150 or by email: tucson.center@erau.edu. without a reservation.

MOAA Luncheon

The Coronado Chapter of the Military Officers Association of America cordially invites all officers, Active, Guard, Reserve, Retired, Former, Foreign and guests to attend a fun and informative luncheon meeting at 11:30 a.m. on Sept. 22 at the Thunder Mountain Activity Centre. The guest speaker Mr Calligari, is a retired Lieutenant from the Arizona Department of Public Service will speak on Constitutional Law. Mr. Calligari has served with the Highway Patrol, Narcotics, Liquor, Gang Enforcement and White Collar Crime Units. He is a certified instructor and has taught the subjects of Constitutional Law, Laws of Arizona and about Organized Crime at both the State Police, and Phoenix Police Academies. This promises to be an interesting dissertation on American civil rights as affected by the terrorist movement. This event will begin promptly at 11:30 a.m.

The meal will be German buffet, featuring schnitzel, bratwurst and accompaniments of sauerkraut, mashed potatoes and a green vegetable. Desert is cherry cobbler. A salad bar will also be available. The cost is \$10.00 per person. Please make your reservations early by sending your checks, payable to: Coronado Chapter, MOAA and mail to: P.O. Box 1685, Sierra Vista, Arizona 85636-1685. We cannot guarantee the availability of a seat

Employer visit day

The Army and Career Alumni Program will host an employer visit day, from 11 a.m. to 1 p.m. on Sept. 22 in Building 22420 (ACAP center) on Fort Huachuca. ACAP is a comprehensive program designed to prepare separating service members and their family members for life outside the military by offering pre-separation counseling and job assistance training. The ACAP center offers assistance with job search process, developing resumes and cover letters, and sharpening job interview skills. Individual career counseling and extensive library of job search references materials are also available. In addition, ACAP works with employment to maintain national and local listings of employment opportunities.

Employer visit day is an ideal venue for Soldiers, family member, and industry representatives to discuss their mutual interests. Please feel free to call ACAP for any additional information at 533-5764/7051.

CFC kick off luncheon

Combined Federal Campaign is having their kick-off luncheon from 11:30 a.m. to 1 p.m. on Sept. 23 at the Thunder Mountain Activity Centre. Tickets are \$9.75 and must be purchased in advance. For more information, call Sgt. 1st Class James Brown at 533-4030 or 559-1350.

Chaplain’s Corner

Protestant Sunday Services

8 a.m.	Episcopal	Main Post
9:20 a.m.	Gospel	Kino Chapel
9:30 a.m.	Protestant	Prosser Village
11 a.m.	Cross Roads	Cochise Theater
11 a.m.	Collective	Main Post
3:30 p.m.	ALPHA	Prosser Village

Roman Catholic Worship

Mon.-Fri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		
Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

Jewish Worship

Friday	7 p.m.	Main Post
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Catholic

<u>Main Post Chapel</u>		
CCD	Sunday	10:45 a.m.
Adult	Sunday	10:45 a.m.
Apologetics		
Adoration of the	Friday	3 - 6 p.m.
Sacrament Blessed		
Korean OCIA	Friday	7 p.m.
MCCW	1st Friday	7 p.m.

Protestant

<u>Main Post Chapel</u>		
PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.
<u>Kino Chapel</u>		
Women’s Ministry	1st, 3rd Friday	6 p.m.
Bible Study Fellowship		
Adult/Youth	Sunday	8 a.m.
Sunday School		

Youth Church	1st, 2nd, 3rd, 5th Sunday	
Men’s Choir	Tuesday	7 p.m.
Rehearsal		
Women’s Choir	2nd Tuesday	7 p.m.
Rehearsal		
Adult Bible Study	Thursday	6 - 7 p.m.
Youth Bible Study	Thursday	6 - 7 p.m.
Sanctuary Choir	Thursday	7 p.m.
Rehearsal		
Youth Ushers	Saturday	10 a.m.
Youth Choir	3rd Saturday	10:30 a.m.
Youth Emphasis	4th Saturday	
Saturdays		
Drama Team	Saturday	8:30 a.m.
Youth Min. Staff	Saturday	10 a.m.
& Parents Meeting		
Youth Choir	Saturday	10:30 a.m.
Rehearsal		

Murr Community Center

Teens and	Sunday	9:20 a.m.
Pre-teens Study		
Parish Council	1st Sunday after service	

Meetings		
Women’s Ministry	2nd Sunday	
Meetings		
Youth Ministry	3rd Suda	
Meetings		
Adult Usher	4th Sunday after	service
Meetings		
Men’s Ministry	Saturday	8 a.m.
Bible Study		
Women’s Choir	5th Saturday	11 a.m.
Rehearsal		

Muslim Prayer

Friday	11:30 a.m.	Main Post
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Buddhist Weekly Teaching

Tuesday	6:30 p.m.	Prosser Village
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Orthodox Divine Liturgy

Sunday	10 a.m.	Main Post
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Latter Day Saints Service

Sunday	1 p.m.	Prosser Village
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Advertisement

EDUCATION, from Page A3

iversity works closely with both Cochise College and the education center.

Once the student has decided on an educational path, the counselors can advise the student on requirements for maintaining their qualification for benefits, such as keeping a three-quarter time or full time schedule.

For example, during the regular school semester, 12 credits are considered full-time. But, summer classes occur in two sessions, the first five weeks, and the second five weeks. A student can take two classes (six credit hours) in the summer, which is considered full time during

the condensed summer schedule, but if the classes don't occur during the same session, VA sees the student as only going part time and changes benefits accordingly.

This may sound confusing, but the counselors are there to help, providing a wealth of experience and knowledge. "I was a student once, looking for money to go to school," Rupel said. "I was lucky to be treated well by Cochise College. It carried over, I started working there.

"I have a job here [the U of A South] because I know how to help students. They need my help, and I need them."

Sources for information on education and financial aid:

www.uas.arizona.edu

Office of Veterans Services. Contact Vicki Rupel at the Sierra Vista Campus, (520) 4588278 ext 2121.

The Buffalo Soldier Education/Training Center is collocated with the Rascon Learning Center in building 52104. (520)5332255 and (520) 5333010.

Sierra Vista Campus, 901 North Colombo Avenue, Sierra Vista, AZ 85635,(520) 5155417 or (520) 5155462.

GAME, from Page A3

things such as a full character model that can be created from the ground up, and the option of playing alone or as part of a team.

"You can go anywhere from recruit to special forces," he said. "It has an open-ended career mode so a player can choose how to move through their Army career.

"You start with no skills, and as you go through the game and build up skills, you create a custom character that increases your own ability

and the ability of your teammates," Van said.

"America's Army, Rise of a Soldier" is expected to go on sale in early October.

The original "America's Army" game is based upon the different training schools and terrain found at Fort Benning.

"There's a reason for that," Wardynski said. "Many of the kids playing it are going to come in the Army, and we want them to feel like

they've been here before, like they're hitting the ground running. They've captured everything down to the dirt."

"Fort Benning has an interesting history with the game because the PC version takes a player through basic training. He can even go to Airborne School and Ranger school," Maj. Randy Zeegers, 20th Special Forces Group, Alabama National Guard, said.

"As he goes through different

schools, he is able to play different levels," he said.

A new Internet download for "America's Army" called "Overmatch" will also come out in the fall.

"It's designed to show the overmatch capabilities the Army has, like Javelin missiles and all the stuff the enemy can't bring to bear," Wardynski said.

"America's Army" can be downloaded free of charge at www.americasarmy.com.

Advertisement

VOLUNTEERS, from Page A4

and that their temporary absence from the workplace “cannot diminish or compromise service or support to our critical DoD mission.”

Volunteers must go through their Defense Department component point of contact, not FEMA, to offer their services, Smith added.

Details about both the leave-do-

nation and volunteer programs are posted at the DoD Civilian Personnel Management Service’s Web site, www.cpms.osd.mil, under the “Hurricane Katrina” link. The site also includes points of contact information within the DoD about where to apply for the volunteer program, Smith said.

All volunteers must be physically able to work outdoors all day in a disaster area, with long work hours under arduous conditions, officials said. They also must require no refrigeration for medications.

Skills particularly in demand are bilingual capabilities in all lan-

guages, a commercial driver’s license, logistics capabilities and expertise in information technology, officials said.

Before deploying to the affected area, all volunteers will receive one day of training in Orlando, Fla., before moving to the hurricane disaster area, officials said.

FIRES, from Page A5

hot because they’re close to the engine. “People pull to the side of the road to make a sandwich or use the cell phone and the catalytic converter will start the grass on fire,” he said

Rhodes said they average at least two fires a year that were started by hot converters.

“We’ve been lucky this year,” he said. “We’ve had a lot of rain.”

Drivers need to be aware of where they park or stop. Even when the vehicle is idling, the converter gets “cherry hot,” he said. Furthermore, because of the high temperatures, it takes longer to cool down. Avoid tall grass by the side of the road; it doesn’t take much to catch, because it’s near the pavement, and the wind is always blowing, drying it up.

“Same issue with cigarette butts thrown to the

side of the road,” he said.

Catalysts reduce emissions by accelerating the combustion of pollutants leaving the engine. In doing so, they get quite hot. According to the EPA, outside metal temperatures of some converters may reach 800 to 1000 F. However, catalytic converter surface temperatures do not represent a problem to occupants as long as the engine is running properly.

Advertisement

Desert Thunder big hit at Barnes Field House

BY THOM WILLIAMS
SCOUT STAFF

With the words "Let's get ready to rumble," 22 boxers from Fort Huachuca and Sierra Vista went toe-to-toe before a rowdy crowd at Barnes Field House Saturday night.

The first of the 11 bouts of the evening turned out to be one of the best as Kahara Keegan, from Company C, 304th Military Intelligence Battalion took on Stephanie Powers from the Marine Corps Detachment.

Powers drew blood from Keegan in the second of the two-minute rounds and focused her punches on the injury. In the third round, Keegan made a furious comeback, bringing roars from the crowd. The third round flurry paid off for Keegan as she

walked away with the gold medal while Powers settled for the silver.

The event, sponsored by Morale Welfare and Recreation, was the culmination of an eight-week amateur boxing program and had all the trappings of a professionally produced fight card.

Each of the participants received an introduction from the ring announcer and made colorful entrances into the ring surrounded by security and their entourage.

Fight fans can look forward to another upcoming novice event as the commander of the 111th Military Intelligence Brigade challenged the commander of the 11th Signal Brigade to a contest pitting the Soldiers they command against each other.



Above: Joshua O'Day with his back to the camera winds up to hit Walter Webb from PT Boxing in Sierra Vista. O'Day is assigned to Marine Corps Detachment and won the fight.

Above right: Holly McKean (left) blocks a jab from Tiffany Phillips. Both Soldiers are assigned to Company C, 304th Military Intelligence Battalion.

Below: Daniel Huffman (left) jabs while William Yoder attempts to avoid the punch during bout six of Desert Thunder. Both Soldiers are second lieutenants assigned to Company C, 304th Military Intelligence Battalion.

Below right: Walter Webb with his back to the camera delivers a punch to his opponent Joshua O'Day who is wearing the red headgear. Both fighters took standing eight counts during their bout.



Referee Tony Zieno raises the hand of Will Biesinger as his opponent Jody Wright looks on in disbelief. Wright opened a large welt over Biesinger's eye and the judges decision proved unpopular with the crowd.

Desert Thunder results

Bout 1 Kahara Keegan, Gold Medal, Stephanie Powers, Silver Medal
Bout 2 Michael Smith, Gold Medal, Mark Baker, Silver Medal
Bout 3 Manuel Pabon, Gold Medal, Pierre Perry, Silver Medal
Bout 4 Joe Yaksich, Gold Medal, Joshua Wines, Silver Medal
Bout 5 Tiffany Phillips, Gold Medal, Holly McKean, Silver Medal
Bout 6 Daniel Huffman, Gold Medal, Ward Yoder Silver Medal
Bout 7 Melissa Luciano, Gold Medal, Desiree Huit, Silver Medal
Bout 8 Joshua O'Day, Gold Medal, Walter Webb, Silver Medal
Bout 9 Will Biesinger, Gold Medal, Jody Wright, Silver Medal
Bout 10 Rapael Rivera, Gold Medal, Daniel Nepueaux, Silver Medal
Bout 11 Nathaniel Hisks, Gold Medal, Joaqchim Eitenmiller Silver Medal

**Photos by
Maj. Matthew Garner**





Right: Manuel Colon (right) throws a punch at Pierre Perry during Saturdays Desert Thunder boxing smoker. Colon went on to win the match after the referee forced Perry to take a standing eight count.



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Service News



U.S. Navy photo by Photographer's Mate 3rd Class Kristopher Wilson

New Orleans rescue

U.S. Navy Aviation Warfare Systems Operator 1st Class Robert Webber, a search and rescue swimmer assigned to the "Emerald Knights" of Helicopter Anti-Submarine Squadron Seven Five (HS-75), keeps a firm grip on a New Orleans resident as he is hoisted-up during mandatory evacuation efforts following the devastation caused by Hurricane Katrina. HS-75 is embarked aboard the Nimitz-class aircraft carrier USS Harry S. Truman, currently operating in the Gulf of Mexico. The Navy's involvement in the Hurricane Katrina humanitarian assistance operations is led by the Federal Emergency Management Agency, in conjunction with the Department of Defense.

Advertisement

Ultimate sacrifice paid in support of OIF

Hospitalman Robert N. Martens, 20, of Queen Creek, Ariz., died Sept. 6, from injuries sustained as a passenger when his HMMWV rolled over in Al Qaim, Iraq. During Operation Iraqi Freedom, Martens was assigned to II Marine Division, Camp Lejeune, N.C.

Two Soldiers who were supporting Operation Iraqi Freedom died on Sept. 6 in Baghdad, Iraq, where an improvised explosive device detonated near their HMMWV causing it to rollover. Both soldiers were assigned to the Brigade Troops Battalion, Division Support Brigade, 3rd Infantry Division, Fort Stewart, Ga.

Killed were:

Staff Sgt. Jude R. Jonaus, 27, of Miami, Fla.

Sgt. Franklin R. Vilorio, 26, of Miami, Fla.

Sgt. Matthew C. Bohling, 22, of Eagle River, Alaska, died on

Sept. 5, in Ar Ramadi, Iraq, where an improvised explosive device detonated near his HMMWV during combat operations. Bohling was assigned to the 2nd Battalion, 69th Armor Regiment, 3rd Brigade, 3rd Infantry Division, Fort Benning, Ga.

Spc. Jeffrey A. Williams, 20, of Warrenville, Ill., died on Sept. 5, in Tal Afar, Iraq, where an improvised explosive device detonated near his combat patrol. Williams was assigned to the Support Squadron, 3rd Armored Cavalry Regiment, Fort Carson, Colo.

Spc. Luke C. Williams, 35, of Knoxville, Tenn., died on Sept. 5 in Baghdad when the HMMWV he was riding in accidentally rolled over into a ditch. Williams was assigned to the 3rd Squadron, 7th Cavalry Regiment, 2nd Brigade, 3rd Infantry Division, Fort Stewart, Ga.

Lance Cpl. Ryan J. Nass, 21, of Franklin, Wis., died Sept. 3 from a non-hostile gunshot wound at Camp Blessing, Afghanistan. He was assigned to 2nd Battalion,

3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, Kaneohe Bay, Hawaii. The incident is under investigation.



Advertisement

Final round of Military Idol Competition set for September 30

Who will be the first Military Idol?

The final local round of the Military Idol Competition will be held at 7:30 p.m., Sept. 30 at Thunder Mountain Activity Centre. The event is open to the public and there is no admission charge.

A panel of three judges and the audience have decided who should move forward to the final round. The contestants who have advanced, and who are competing for cash prizes and the title of "National Military Idol" include: SSG Thor Campbell, 269th Signal Co.; PFC Jeffery Eidson, 86th Signal Battalion; SPC Saquawia Funderbeck, 305th Military Intelligence Battal-

ion; SGT Dushaune Gaines, 556th Maintenance Co.; SPC Jeramie Kramer, 86th Signal Battalion; and SGT Awanda Williams, 309th MI Battalion.

At the installation level, the following prizes will be awarded: 3rd place, \$100; 2nd place, \$250; and 1st place, \$500, plus an additional \$500 for the winner's unit.

The first place winner at Fort Huachuca will advance to the National Military Idol Competition to be held Oct. 17 - 22 at Fort Gordon, Ga.

At the national level, the following prizes will be awarded: 3rd place, \$250; 2nd place, \$500; and 1st place, \$1000. The first place winner will become the "Ambassador" of Army Entertainment

for the year.

For more information, call Marvin Wooten at 533-3802, the Thunder Mountain Activity Centre, or Saul Caraballo, 266-1666.



Fall Sale at Arts Center Saturday

MWR Arts Center's Fall Arts and Crafts Sale will be held 9 a.m. - 4 p.m., Saturday, at Building 52008 on Arizona Street, across from the Commissary.

The event is open to the public. Items such as ceramics, pottery, jewelry and frames will be marked down 25 percent in price.

You will also have the opportunity to visit the gallery at the Arts Center during the sale, when all items will also be marked down 25 percent off the regular price.

Free ceramic painting technique and demonstration classes will be offered that same day to the first 10 people who sign up.

The Arts Center is open noon - 8 p.m., Tuesday - Thursday and 9 a.m. - 5 p.m., Friday and Saturday. The facility offers a wide variety of classes in various media. The classes are open to everyone.

For more information about the sale or classes, call Riki Tarquinio or Ricardo Alonzo at 533-2015.

Free clay target program for youth

The Sportsman's Center will offer the Scholastic Clay Target Program for all students in grades 5 - 12, beginning at 8:30 a.m., Saturday. The program covers skeet, trap and sporting clays. Students must be accompanied by an adult.

The program, which is sponsored by the Arizona Game and Fish Department, is free and offered on a monthly basis. The only item students are asked to bring is a baseball cap to wear.

For more information, call the Sportsman's Center at 533-7085.

Monday Night Football at Time Out

Time Out opens at 4:30 p.m., each Monday, for NFL Monday Night "Football Frenzy." Kick-off time is 6 p.m. The facility will remain open until the end of the game each week.

Time Out has six 19 and 24-inch televisions, plus a big screen TV with surround sound, so you can

see and hear all the action, from the pre-game show to the final buzzer.

Door prizes are given away each week, there's free popcorn, and beverages are available on a pay-as-you-go basis.

Time Out is located on Arizona Street, across from Barnes Field House. For more information, call 533-3802 or 533-3876.

10K Run set for Sept. 24

The Reservoir Hill 10 Kilometer Run, the final event of the Sports and Fitness Multi-Sport Summer Series, is scheduled for 7 a.m., Sept. 24. Entry forms are available now at Barnes Field House, or on-line at www.active.com.

For more information, call Michelle Kimsey at 533-3180.



Volunteer Board Meeting Sept. 26

The Army Volunteer Advisory Board will meet at 2 p.m., Sept. 26 at the Army Community Service Building 50010. Volunteer coordinators and those that are interested in volunteer issues are invited to attend.

For more information, call Kimberlee Bridges at 533-6885 or ACS at 533-2330.

ITR has tickets for events at the TCC

The MWR Information, Tickets and Reservations Office has tickets available for the following events, at the Tucson Convention Center: Sunday, the Black Crowes; Tuesday - Sept. 25, "Little Women;" Oct. 4, Motley Crue; Oct. 8, Ballet Tapatio; Oct. 19 - 23, Disney on Ice presents "Finding Nemo;" and Oct. 25 - 30, "Annie."

TCC tickets are available to purchase 10 a.m. - 4

p.m., Monday - Friday, and 10 a.m. - 2 p.m., Saturday at ITR.

For more information, call 533-2404 or drop by the ITR Office, Building 70914, Irwin Street. ITR is open 9 a.m. - 5 p.m., Monday - Friday and 10 a.m. - 2 p.m., Saturday.

CER Office to expand hours Oct. 1

The Child and Youth Services Central Enrollment Registration Office will implement the following new hours Oct. 1: 7:30 a.m. - 6 p.m., Monday - Friday. The office will no longer be closed Thursday mornings.

The CER Office is located at Murr Community Center. For more information, call Marty Johnston at 533-8437.

How about an art birthday party?

The MWR Arts Center offers birthday art parties for children ages 5 and up. Cost is \$8.50 per child and all materials are included. The parties last from two to three hours.

You can choose your child's favorite activity, including pottery, watercolor, ceramic painting, window color, designer t-shirts and more.

Call or stop by the Arts Center, Building 52008 on Arizona Street, to schedule your child's birthday party.

Please make reservations at least two weeks in advance.

For more information, call 533-2015.

Looking for a place to volunteer?

If you're interested in giving back to the military community, how about volunteering at Buffalo Corral Riding Stables? The corral offers a great opportunity to learn about horses while earning volunteer hours.

This volunteer opportunity is open to everyone ages 14 and up.

For more information, call 533-5220.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com



Movies

Supercross plays at 7 p.m. Friday at Cochise Theater. For the complete listing of this week's movies, see Page B6.

Sierra Vista Farmers Market with the best the county has to offer

BY VALERIE MCCAFFREY

CONTRIBUTING WRITER

Take home some fresh-from-the-farm produce from the new Sierra Vista Farmers' Market which takes place from 3 to 6 p.m. Thursdays at the NW corner of Wilcox and Carmichael in "downtown" Sierra Vista.

The great thing about a farmers market is you get to meet the local farmers and ranchers who raise the food you buy. These small producers are passionate about what they grow and the animals they raise on their family-run operations. This week Edith Beatty, who has been running Beatty's Apple Orchard at the end of Miller Canyon with her husband and son for over thirty years, will bring several varieties (MacIntosh, Red Delicious, Bert's Special and Chieftain) of the organic apples she raises as well as some rhubarb for those special pies.

Clinton Gray will come to market with lots of naturally grown produce from his Gard'n of Eat'n U-Pick farm in Palominas including cantaloupe, watermelons, vine-ripened tomatoes, sweet onions, eight varieties of winter squash, cucumbers, eggplants, okra, black-eyed peas and blackberries. Ask him about all the pumpkins on the patch he is growing this year for school classroom visits.

Willow Elliott of River Tribes Produce will offer fruits and vegetables

she grows or gathers from small farms and backyards in Hereford and Palominas. Ask her for some shade-grown, bird-friendly, fair-trade Just Coffee roasted in Agua Prieta. The coffee beans are raised by a cooperative of Mexican farmers which enables them to make a living and stay home in their own country.

Have you tasted grass-fed lamb? The Watkins Family of San Ysidro Farm in McNeal raise their lambs on pastures without hormones, antibiotics and steroids. Their tender, delicately flavored meat is also more nutritious with more Omega 3s and vitamins than conventionally raised lamb. Try some of their grass-fed beef, natural pork or the sausage, chorizo and bacon made from it. Ask them about their favorite ways to cook their meats. They also carry Mexican-style cheeses made in Elfrida with milk from Pomerene. Treat yourself to freshly collected ranch eggs from happy chickens.

Priscilla and Roger Tabar of Huachuca City's Circle T Emu Ranch make an inviting array of healthy creams, lotions, and balms such as muscle rub and bruise cream, all from the highly beneficial emu oil.

Discover what plants should be growing in your garden and will thrive there from the selection of gorgeous trees and shrubs brought by Mike Hocker from his

Xeribotannical Nursery in Palominas. Mike roams the mountains around Sierra Vista selecting seeds and taking cuttings to propagate his sturdy high desert plants.

Communities all over America are discovering that farmers markets can revitalize town centers and strengthen local economies. The number of farmers markets has grown from a few hundred 20 years ago to more than 3,100 today. Stop by the information booth set up by Baja (Lower) Arizona Sustainable Agriculture, the market's sponsor, to find out about sustainable agriculture, which is good for people, good for the land and good for communities.

munities.

The Sierra Vista Farmers Market is a producers market offering locally produced food and agricultural products. Agricultural producers can reserve a spot at the market by contacting market manager, Valerie McCaffrey at vallimac@cox.net.

Wick Communications, who bring you local news as well as coverage of national and world events, has generously provided the farmers market with its site. Customer parking will be available next door at Richard Quattlebaum's soon-to-be banquet hall, The Palms (formerly Vista Lanes).



Courtesy photo

Some of this year's abundance of chemical-free, fresh produce produced by Emma and Jim Montoya and their sons Gabe and Noah on their small farm in Palominas.

Chalk talk

Myer Elementary

To get a good start on the school year, Ms. Brady's fourth graders are beginning their 3-D Drawing Unit. They will be using foreshortening, surface, shading, shadows, size, overlapping, density, and contour lines to create 3-D drawings.

Ms. Brady's fifth graders are drawing animals with guided directions from their teacher and are using their creative imaginations to put their animals in unusual settings. They are sharing their ideas for their pictures with their classmates in class critiques.

The first assignment

of the year for both grade levels was to write a paragraph of their favorite memory and then illustrate it and read it to their classmates.

Myer Library is off to a good start this year. Students have been reviewing how to use the library and steps to take for research. The annual fall book fair will begin September 23. The theme of this year's book fair is, "The Kingdom of Reading, Where Books Rule".

Mrs. Smith's Kindergarten class has been very busy. Students have been learning their numbers to 10, shapes, and colors. They have experimented with colors by mixing red

and yellow clay together to make orange, yellow and blue to make green, and red and blue to make purple. They have also been making patterns using colors and shapes.

The students have listened to lots of stories and talked about the characters. They have even made their own Corduroy bear to take home. Every day they are learning a new letter and its sound. If you want a good book to read, Mrs. Smith's class will loan you one that was written in her class! Mrs. Smith's Kindergarteners are authors!

The Fourth and Fifth Graders just completed

their third week in the Magellan Running Club. Students receive one point for each 440-yard lap around the track. Mr. Synder's class was the top fifth grade class with 48 miles. For the top fourth grade class, Mrs. Josa's class completed 58 miles. The top boy and top girl from fifth grade were both from Mrs. Chesleigh's classroom. Anthony Norr completed the week with 42 points and Brittany Saffo with 40 points. For the fourth grade, the top boys were Andrew

See **SCHOOLS**,
Page B7

Fit For Life

Yoga as a mode to better health

BY GEORGE R. COLFER, PH.D.
CONTRIBUTING WRITER

The question was posed; would the practice of yoga reap any benefits towards military, athletic or physical fitness? Not considering myself an authority on the practice of yoga, I decided to do some fact finding about the subject.

Yoga has its origin from India. It is an ancient form of exercise that has been handed down through the years. Yoga is really a holistic approach to physical and mental fitness. The system basically combines stretching exercises and breathing exercises in the form of postures or poses (asanas). Yoga practice can be for everyone regardless of age, physical condition or skill level. The movements are designed to work or train every muscle, joint, ligament and tendon in the body which will stimulate circulation and nourish body cells for optimum

health and vitality.

A balance of the mind is as essential as physical health. Yoga can provide stress relief, help increase awareness and induce calmness to the mind. It further advocates purification or cleansing of the body and mind with the goal of finding one's true self and a pathway to harmony and tranquility in life.

There are several schools of yoga. It is not so much of advocating one school against the other as it is a progression from one to another when readiness is demonstrated. Hatha yoga, described as yoga of the breath or the science of breathing is often considered the basis or first step for all yoga practices. Bhakti is the yoga of love and devotion; Jnana is the yoga of knowledge and discrimination; Karma is the yoga of action and Raja yoga is the combination of all yoga paths. It appears that each school offers something different that helps to overcome any obstacles encountered by a

different school, yet all blend together to reach the goal of harmony and control of one's life.

Raja yoga consists of an eight-fold path to liberation. The eight steps briefly stated are: Yama-abstinences; Niyama-observations; Asanas-postures; Pranayama-breathing and energy; Pratyahara-withdrawal of the senses; Dharana-concentration of the mind; Dhyana-meditation; and Samadhi-enlightenment and contemplation. This path, known as "The Sutras of Patanjali", are steps that enable a person to understand and become at peace with oneself. This ultimately will allow you to maintain control over all things physical and mental in one's life.

It's safe to say that the practice of yoga is a long process, not to be achieved in days or even months. If one chooses just to practice yoga postures without adhering to the eight step path, you would not be practicing yoga, but merely

practicing yoga exercise for physical purposes.

Yoga is very individual, not team or group oriented as in athletics or the military. Conformity is not a rule in yoga. The principles are somewhat based on individualism. Meditation is a necessity to finding one's inner nature and developing wisdom. To successfully contemplate yoga, one must practice the philosophy of the schools. A true yoga advocate would probably have difficulty following directions or orders that did not conform with harmony in life or devotion to an ideal.

The practice of yoga also advocates abstaining from violence (physical, mental, verbal) against yourself or others. It is very non-aggressive in principle and may not fit well into the athletic or military world. In some practices, pain and over-exertion are not recommended,

See **YOGA**, Page B7

Sierra Vista 50th Anniversary



Countdown: Sierra Vista turns 50 in 36 weeks

EDITORIAL COMMENT:

The City of Sierra Vista will celebrate its 50th anniversary, "More than a city—a way of life," May 26-28, 2006. In support of the city's celebration, each month until the celebration weekend, The Fort Huachuca Scout will run one reprinted article from the 1955 and 1956 issues of the "Fort Huachuca Scout," showing what fort life was like 50 years ago. Each week, we'll print one or more highlights of what happened on Fort Huachuca a half century ago.

Sierra Vista was founded in 1956 and annexed Fort Huachuca in 1971. Now, as in the past, the two entities worked together and are involved in many partnerships.

The Fort Huachuca Scout has been in publication for 54 years since 1951. Morgue copies of the "Scout" are available for viewing at the Fort Huachuca Public Affairs Office, Building 21115, 3015 Carnahan Street, across the street from the gazebo at the west end of Brown Parade Field. Call 533-2622 for additional information.

Enjoy reliving Fort Huachuca's past 50 years, and reminisce as we travel back in time. - Joan Vasey

Reprinted from "The Huachuca Scout," September 15, 1955

Editorial:

Everybody wins with a ticket to the Cochise County Fair. This is what a quarter buys:

For YOU, the Purchaser, an admission ticket to the Fair, with all its fun-filled exhibits, carnival attractions, and, during the last three days of the Fair, horse racing, with state-controlled pari-mutuels.

PLUS a chance on the grand door prize—a seven-day, all-expense trip to Hawaii for two people by air.

For your unit or organization, a treasury increase. This is how it works: For every book of five tickets sold, the selling organization receives twenty five cents. And, the stub of the ticket which wins the Honolulu trip is also good for a \$100 bond.

Fort Huachuca also comes out on top if we win this county race. The community selling the most tickets names the Queen of the County Fair and has first choice of the concessions.

Our Central Youth Association will operate its own concession and the profits from it will go into the Central Youth Fund.

In a recent smaller fair, which was only open three days, the hot-dog and Coca-Cola concession

netted its operators some \$1500 profit. Naturally, this sort of money maker is what we want, but to be sure of it, we must outsell our competitors. Getting the "Cream of the Crop" means more returns to the post and more benefits to you.

Among the organizations selling tickets are the Central Post Fund, which pays the bills for Special Services activities such as movies; Service Club, craft shop, golf course, libraries, swimming pools, the Teen Age Club, which provides wholesale entertainment for Fort Huachuca's teensters; the Boy and Girl Scouts; the Civilian Welfare Association, the NCO Club, the NCO Wives' Club, and other service-type organizations.

In addition, some twenty-five military units are swelling their unit funds by selling tickets. Among these latter, Detachment 1, 9470 TU, has already profited to the tune of more than \$30 and sales are still going strong in that unit.

Fort Huachuca's Queen Candidate, lovely Irene Goodale, has donated much of her spare time during this contest to many personal appearances. The windup of these will be on TV station KOPO's "Visiting With Virginia" program on September 26, when our "Miracle Girl" will be interviewed between 2 and 3 p.m.—don't forget to watch Channel 13.

Arizona Tourist

Arizona football season begins

BY MICHAEL COLLINS
CONTRIBUTING WRITER

Football season has returned to Arizona. The crack of heads, the drama and raw emotion as bodies collide during intense competition - and that's just for the remote. Imagine the battle down on the playing field.

Each year, billions of dollars are spent marketing these Sunday afternoon gladiatorial exhibitions. Every season, enough player statistics are added to the existing pile of records books to fill a small town library. Each fall, spouses become hearing impaired to phrases like, 'Please take out the garbage' or 'Could you help untangle the dog from the spider webs on the front porch.' It is little wonder this sport has such a wide appeal.

But football was never meant to be watched on a sagging couch, remote in one hand and the other dug into a bowl of stale popcorn. Arizona's weather

is great for watching sports and the pleasant fall climate almost makes this outdoor activity a required leisurely pursuit.

"So....where do I go from here?" you ask. You could spend hours searching the Internet for information on the team of your choice (and to check the latest stats on cheerleader turn-offs like we do), but the dedicated staff at The Fort Huachuca Scout have done it for you. Information about the upcoming season and special offers for the military, statewide college and professional teams are listed below.

Arizona Cardinals – The state's only National League Football team. New coaching staff took over the team last season, so fans are hopeful for improved results. Morale, Welfare and Recreation has hotel and game packages starting at \$112 per person. Take advantage of opportunities for other sight seeing in while the Phoenix area. For more information, visit www.azcardinals.com or call (800) 999-1402 for more information.

University of Arizona – A member of the Pacific Ten Conference and perennial rival to Arizona State University. Last year was a building year for the Wildcats. The proximity of Tucson makes game days very accessible. For more information, call (520) 621-2287 or visit www.arizonaathletics.com.

Arizona State University – Arizona's Tempe-based, mega-university. The Sun-Devils had a respectable record last season and is a member of the PAC-10 conference. Call toll free within the state of Arizona at 1-888-786-3857 or visit <http://thesundevils.collegesports.com/tickets/asu-tickets.html> on the Web.

Northern Arizona University – Situated in Flagstaff, Arizona's high country. Lumberjack football is part of the Division I-AA Big Sky Conference. The university has an indoor stadium just in case it gets chilly. For more information, call (928) 523-7330 or visit www.nau.newtier.com.

Ask the Dietitian

Track your foods for better health

BY CAPT. JENNIFER L. RODRIGUEZ
REGISTERED DIETITIAN

The most common question I get about nutrition is "how can I lose weight?" There are many aspects to successful weight loss, but one way to add more power to your battle with the bulge is to keep a food journal.

The National Weight Control Registry is a research study for people who have lost at least 30 pounds and kept it off for a

year. Results show that those individuals who kept track of their food intake were the most successful with weight loss and maintenance. It all goes back to something called "self-monitoring." You may not realize how much you eat or drink until you make a point to track it.

Food journaling can also help determine if you are eating in response to hunger or another reason such as boredom, stress or emotional eating. Determining why you eat may be the most important

part of whether or not you lose weight. It may not always be about food or exercise. In addition, if you decide to seek the advice of a registered dietitian to assist with weight loss, keeping a food journal will help them determine where you can make changes and be the most successful.

A journal can be as simple as a notebook and pen, or if you are computer savvy, try the food and fitness tracking program at www.fitday.com. This is a free program and can track calories eaten, calo-

ries burned through exercise and even has a journal for keeping track of emotions, triumphs and life events.

So, if you feel you've tried it all and still aren't seeing success, try keeping a food journal. Maybe this small step can mean the difference between success and frustration. Good luck and happy eating!

Capt. Rodriguez is a registered dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to jennifer.rodriguez1@us.army.mil.

Community Briefs

Volunteers needed

Sierra Vista is looking for volunteers to serve on several of the city's boards and commissions.

If you have interest in any of the following areas and would like to support our community by working with the City's boards and commissions, you can find an application and additional information on the City's website, www.ci.sierra-vista.az.us. If you have further questions, please contact Jill Adams at 458-3315.

Airport Commission: Established to provide public input, through citizen participation, to the City Council on the policies and procedures that affect the operation and promote the growth of the Sierra Vista Municipal Airport.

Arts and Humanities Commission: Established to advise the City Council on art in public places, to foster the

City as a strong supporter of the arts, and to develop short- and long-term plans relating to arts and humanities.

Environmental Affairs Commission: Established to advise the City Council on a broad range of environmental issues and programs such as recycling, energy conservation, waste management, regulatory compliance, water conservation, and community education.

Municipal Property Corporation: Established to explore the acquisition and construction/reconstruction of buildings, equipment, and other real or personal properties suitable for use by and for leasing to the City of Sierra Vista.

Museum & Historical Committee: Established to plan and conduct voluntary programs to collect, preserve, and exhibit items of historical interest and to ac-

cept custody of all items contributed or loaned for exhibition.

Personnel Advisory Board: Established to make recommendations on proposed personnel ordinances and amendments.

Sister Cities Commission: Established to advise the City Council on ways to enhance our Sister City relationships with Cananea, Mexico, and Radebuel, Germany, through communication, coordination, and promotion.

Youth Commission: Established to advise the City Council on matters of concern to the youth of Sierra Vista, to recommend and encourage programs beneficial to our youth, and to assist in the planning, operation, and evaluation of youth-related services.

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Hurricane relief

The Fort Huachuca Thrift Shop is collecting items for Hurricane Katrina that will be delivered to World Care.

Items needed are bandages, antibiotic creams, soap, alcohol, aspirin, non-aspirin, non-latex sterile gloves, 3" roller bandages, sterile gauze pads, medical wound glue, liquid adhesive, vitamins, diarrhea and stomach remedies, antihistamines, antifungal creams and stool softeners.

Hygiene supplies such as toothbrushes, toothpaste, shampoo, soap, combs, antibacterial soaps, waterless soaps, feminine products, baby diapers and wipes.

New hours at Barnes Pool

Barnes Pool will begin the following regular winter hours today: 5 a.m. - 2 p.m., Monday - Friday and 10 a.m. - 2 p.m., Saturday.

For more information, call Ron Ellsworth at 533-3858.

BFH now open Thursday mornings

Beginning today, Barnes Field House will no longer close for sergeant's time, 8 - 11 a.m., Thursdays. Instead, the facility will be open during that time. BFH will continue to be open during this time for the next month, in order to determine the feasibility of adopting these hours permanently.

For more information, call Les Woods at 533-3246.

Sign up for youth dance classes

The SKIES *Unlimited* program is currently accepting students for two new dance classes.

The Combination Dance Class, which includes ballet, tap, jazz, baton and acrobatics, will begin Wednesday. The class will be broken into four separate age groups, and youth ages 2 - 18 years may attend. The program fees and class location

are dependent upon age group.

The Hip Hop Dance class will be held 4:30 - 6 p.m., every Saturday, beginning Sept. 10, at the School Age Services Building. This class is open to youth ages 9 - 18, and the program fee is \$35 per month.

For more information, call SKIES Instructional Program Specialist Robin Gabert at 533-0710.

Salt River tubing trip/retreat

The Fort Huachuca Chaplain's Team will present a Single Soldier Retreat/Salt River Tubing Trip Friday and Saturday. The cost is \$16 per person and includes the Salt River float trip, overnight accommodations at the Best Western, Apache Junction, Ariz., continental breakfast, lunch on the river and the retreat.

Those attending will also be responsible for the cost of their own dinner during the trips to and from Apache Junction.

Registration is due no later than Wednesday at the Kino Chapel by paying the \$16 to Sgt. Derick Mickey.

For more information, call Sgt. Mickey at 533-2388 or 533-9507.

USAWOA 5th Annual Golf Scramble

The Fort Huachuca chapter of the U.S. Army Warrant Officer Association is hosting their 5th annual golf tournament on Saturday.

Proceeds from this tournament will go to the David M. Heckman Memorial Scholarship Fund.

This program provides financial assistance to deserving high school seniors and first and second year college students in their pursuit of higher education.

The tournament will be held at the San Pedro Golf Course in Benson.

Pre-registration can be done any time before Saturday. The tournament is limited to 36 teams, so register soon.

For more information please call 533-4843, 533-8657 or 533-4081.

Youth Tae Kwon Do class moving

The Child and Youth Services SKIES Unlimited Tae Kwon Do class will permanently change locations Oct. 1, from the Youth Center to Murr Community Center. The class will continue at its regular time, every Tuesday and Thursday, at the new location. For more information, call Robin Gabert at 533-0710.

MWR golf trip to Starr Pass

MWR will sponsor a golf trip to Starr Pass Golf Resort and Spa, Tucson, Oct. 1. Tee times are 11 a.m.

Registration forms are available now at Mountain View Golf Course and the ITR Office. Cost is \$45 + tax and includes golf and cart. Deadline to sign up is close of business Sept. 28.

For more information, call Josh Gwinn at 533-0265.

CC Golf coaches' meeting

The coaches' meeting for the 2005-06 Intramural Commander's Cup Golf Program will be held at 10 a.m., Oct. 3 at Barnes Field House. Letters of intent are due at that time.

The season begins Oct. 17 at Mountain View Golf Course. For more information, call Tom Lumley at 533-5031.

Lost and Found

The Fort Huachuca Military Police lost and found currently has numerous adult and children's bicycles available for return to their owners. The lost and found also has several wallets and ID cards.

If you are missing any of the above, please call Ariana Barrios or Amber M. Gonzalez of Military Police Investigations at (520) 533-8830/8825.

The lost and found office is located in Building 31122, Rm. 179.

Pets Of The Week



Buttercup is a female, 6-month-old pitbull. Courtesy photo from petfinder.com.



Pickles is a male, 10-month-old, loving, "tuxedo" cat. Courtesy photo from petfinder.com.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

At The Movies

Showing at the Cochise Theater for the next week are:

Today -7 p.m.

Deuce Bigalow: European Gigolo
R

Friday -7 p.m.

Supercross
PG-13

Saturday -7 p.m.

Dukes of Hazzard
PG-13

Sunday -2 p.m.

Dukes of Hazzard
PG-13

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source.

The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.



SCHOOLS, from Page B1

Camps and Miles Ritchey from Mr. Christensen’s class with 42 points each. Sophia Monge was the top girl from Mrs. Josa’s class with 18 points. The total school completed 412 miles for the week.

Johnston Elementary

What’s in a name? Few things capture a child’s attention more than seeing and hearing their own name.

Names are a great place to start when trying to connect skills and concepts across the curriculum.

Students in Mrs. Brant’s class are learning their friend’s names, classmate’s names, teacher’s names, and

their own last name. We are off to a great start! I want thank all the parents who sent in supplies for the classroom and for our community project, which will include our sister city schools in Cananea, Mexico.

Can you tell the difference between cirrus, cumulus, and stratus clouds? Do you know what weather comes from each kind of cloud? Students in Georgia Bernheim’s, Janice Ricks’, Fatima Baeza’s, and Frank Bell’s second grade classes are learning about clouds, the weather, and the water cycle. They are graphing the weather daily, and keeping a sky diary of the cloud

formations. The children created sun inspired designs using warm colors from the color wheel. Their pictures were made with crayon resist and a watercolor wash.

Mrs. Baeza’s class has been discussing the 6 pillars of character. They are trustworthy, respectful, responsible, caring, good citizens and being safe. The students made these cute little match their own skin color little people. They decided to put them in a circle to represent teamwork and respect no matter what color their skin is.

YOGA, from Page B2

which again is adverse to the military, fitness and athletic realms where sometimes “No Pain-No Gain” is the rule of thumb, such as in training to become a Navy SEAL. On the other side, there are several aspects of yoga which connect to the military life such as the traits of honesty, loyalty, integrity and the need for self-improvement. Care of the body including cleanliness, personal hygiene, nutrition and exercise are also very important.

There are modernized versions of yoga. Astanga Vinyasa is a newer form which advocates the ancient principles,

but is a more physical version featuring dynamic movement, dance and freedom of expression by the individual as part of exercise. Other newer forms include the use of equipment for postures and some that focus more on the spiritual side.

Based upon my limited inquiry which consisted of some practice, interviews, books and magazines on the topic, I’d like to make the following assumptions.

On the positive side, the theory and philosophy of yoga is compelling to some degree. It symbolizes what life should be. The physical benefits would include improvement in flexibility, agility,

balance, coordination and proper care for the body. Other benefits would be an improvement in self-discipline, relaxation, mind training, thinking in a positive manner and awareness of who we are. Yoga could be a valuable asset to injury prevention and may improve athletic ability.

The major criticism from a physical viewpoint would be the absence of cardiovascular fitness activity and a means of strength development such as strength training can provide. Of course, one could run, bike or swim and perform strength training outside of yoga practice.

The yoga philosophy tends to conflict with that of the military profession, athletic competition and the need for teamwork in many components of society.

If one were to pursue yoga, I would suggest taking a course from a certified and competent instructor as a first step. There are several published or media sources available to assist you after, if you decide to continue. The other choice would be to practice yoga exercises without indulging in the yoga philosophy. Whatever your choice, I believe it is a worthwhile form of physical activity.

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